### Dakini's Whisper Completely Traditional, Completely Contemporary

# Chöying Khandro visit to Australia 2020

## **"EMBODYING DHARMA" TOUR**

"My dharma system does not contain even one actual word of classical precepts and treatises. Yet there is not even one-hundredth of one hair's worth of it that is inconsistent with the pure meaning of precept and treatise.... That is how to understand the special distinction of my dharma system from others." - Machik Labdron

Chöying Khandro is the founder and spiritual director of Dakini's Whisper, a primarily online practice community devoted to the practice of the Ear Whispered Chö (Chod) from the Mount of Bliss and the secret Ear Whispered Chö of Dakini, as well as subtle body training. As an authentic teaching of the Buddha, the Chö practice was revealed by Machik Labdron (11-12th cent), and has been continually transmitted without interruption up to the present time. It is a radical Vajrayana method for cutting through ego-fixation and cultivating compassion and fearlessness.

Khandro-la was drawn to the Buddhist path from a young age. In her home country Japan she studied Buddhism at Waseda University. Her deep yearning for embodying Dharma led her to India, where she immersed herself in traditional study, practice, and transmissions under many great masters who had fled Tibet in the mid-1970's to mid-1980's.

After many years of study, practice, and prayers, in 1993 Khandro-la finally met her root teacher, His Holiness Jetsun Dhampa Khalkha Rinpoche. Through Rinpoche Khandro-la was introduced to the practice of Chö, which she has embraced as her heart practice ever since. Khalkha Rinpoche transmitted Chö, in particular the lesser known Dakini Ear-Whispered Chö Lineage that was on the verge of extinction as well as Chö from the Mount of Bliss or Ganden-Ensa Ear Whispered Chö to Chöying Khandro among a few other westers in the early 90's in the West. Khandro-la translated all the major lineage texts, researched their sources, and became proficient in the use of all the techniques associated with this tradition.

#### "When I connected with the Chö, my spiritual life started unraveled and radically transformed". - Chöying Khandro

Khandro-la completed all the protocols required of the Dakini Lineage, including the Seven Night Wilderness retreat and the One-Hundred Spring Wandering Retreat which culminated in the traditional and demanding four month wandering retreat in Mongolia. Khalkha Rinpoche authorized Khandro-la to carry this rare Dakini Lineage in the West. Khandro-la has also completed the traditional three and a half year's tantric retreat.

While well versed in all traditional training, Khandro-la has a unique style that is both courageous and gentle, traditional and contemporary, and strongly emphasizes authenticity and integrity. By discarding some of the more traditional discourse centered approaches to Buddhism, Khandro-la delves into the experience of self-inquiry, encouraging her students and friends to bravely and honestly:

#### "explore their deepest longings and their deepest fears." - Chöying Khandro

This is the teaching of the Buddha and the genius of the Chö developed by Machik Labdrön and aspired to by Dakini's Whisper. Chöying Khandro will be visiting Australia in 2020 and offering presentations on the Chö tradition, including empowerment, transmissions, and a retreat. She will also offer workshops in Subtle Body Training. These programs will be suitable for students of all levels of experience regardless of their background, school or lineage. For more information on Khandro-la's programs and activities please see:

- Dakini's Whisper Website: <u>dakiniswhisper.com</u>
- Biographical details: <u>https://www.dakiniswhisper.com/choying-khandro</u>
- Northwest Dharma Khandro-la's Article on her Three-Year Retreat: <u>https://northwestdharma.org/2018/09/blessings-that-brought-me-to-three-year-retreat/</u>
- Buddhist Door An Interview with Chöying Khandro on Spiritual Authenticity and Honesty: <u>https://www.buddhistdoor.net/features/a-conversation-with-choumlying-khandro-on-spiritual-authenticity-and-honesty</u>

If you would like to be kept informed of Chöying Khandro's visit to Australia please join our mailing list.