

# Dakini's Whisper Online Retreat

December 1-3, 2017

A Chö (Chöd), Meditation  
& Movement Retreat:

Turning  
Your Enemies into Allies  
with  
Chöying Khandro



**Come steep in timeless wisdom to:**

- **Welcome & be present with difficult emotions**
- **Learn to rest in the nature of mind**
- **Integrate your experience of body, speech and mind.**

\$100 or \$30/session  
\$20/Friday Night

**REGISTER ONLINE**

**[WWW.DAKINISWHISPER.COM/ONLINE-RETREAT](http://WWW.DAKINISWHISPER.COM/ONLINE-RETREAT)**